





#### **GYM DESIGN**

Using our experience and skills, along with a little help from the latest in design software, we'll help bring your vision to life.



#### **FLOORING**

Work with us and you'll benefit from our expertise and technical know-how, gained from years of creating and installing fitness flooring solutions.



#### EQUIPMENT

We have designed and manufactured strength equipment in the UK for over 25 years.



#### PERSONALISATION

We can personalise your flooring and equipment. It's your product, your design, your size, your logo, your colour, have it your way!





#### **TECHNOLOGY**

By deploying the very best in light, sound, and visual technologies we can create a fully immersive training experience.



#### **EDUCATION**

We have a range of equipment and instructor training courses and workshops available.



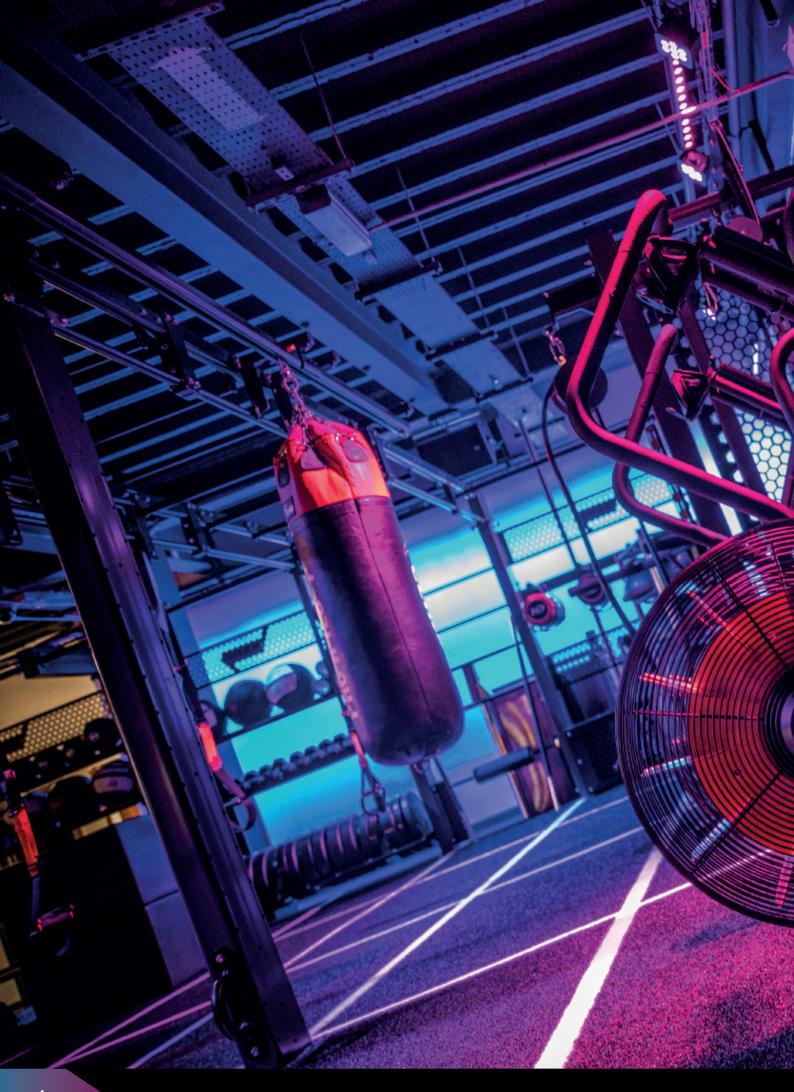
#### INSTALLATION

Your training space will be finished to a high standard by our friendly and professional install teams, who are fully trained and qualified for site work.



#### **SUPPORT**

Our partnership isn't over once the install is complete, we're there for you and your products with on-going support and maintenance.









# INDIGO FITNESS

Founded in 1996, we set out with the simple goal of designing and manufacturing strong and durable strength training equipment and over the years we've developed, evolved, and grown into a full-service solution provider, or as we like to say 'We Create Training Spaces'

We've gained invaluable experience over years of working with hundreds of gyms of all shapes and sizes, in a range of different industries. We understand there is no 'one size fits all' approach and that no two projects are ever the same – that's why we tailor our approach for every client.

The combination of services we offer, covering; gym design, flooring, equipment, training, and after service, allows us to create the best possible training environments for our clients, which in turn allows them to offer the best possible experiences for their members.

This catalogue concentrates on our product ranges.

If you would like to know more about our solutions, please contact us on:  $\mbox{\bf Email: in} fo@bodytonic form.com$ 

#### **FACTORY AND SHOWROOM**

We are based in a 20,000sq, ft facility in Nuneaton, Warwickshire. This houses our factory, assembly department, warehousing, showroom and offices.

The showroom is fitted out as a fully working gym environment and shows off a wide range of the equipment we design and manufacture. You are welcome at our HQ any time, we'd be happy to take you on a tour of our factory and the rest of our facility.

#### **ACCREDITATIONS**

We use a wide range of standards to improve our performance, reduce risk, work more sustainably, or simply to stay compliant with laws and regulations. They provide reassurance that we are operating to a high-level, and confidence that we have been independently assessed. They demonstrate our competence to design and deliver your training space, covering key areas such as equipment design and manufacture and on-site installation work.

















All our manufactured items are made to order and are subject to a lead-time of around 4-8 weeks. Small equipment that's stocked in our warehouse can normally be dispatched on a next day basis, depending on location. Please contact us on 01455 890 100 for up-to-date information.

#### INSTALLATION

Our friendly and professional install teams are fully trained and qualified for site work and will take care of everything; from laying the flooring, to unwrapping, building and positioning the equipment, and taking care of any floor or wall fixings along the way, always using appropriate fixing materials and methods.





#### **FINANCE**

Equipment leasing is a fantastic way of getting finance for brand new equipment on terms which are far more favourable than traditional bank lending. Whether you are an established gym or leisure facility, a new starter, or a personal trainer, we can help provide the gym and equipment you need. Please contact us for more details.

#### **CUSTOMER SERVICE AND SUPPORT**

All our products are supported by industry leading warranties. However, if you do experience any issues, you can contact our support department on: 01455 890 100 or email support@indigofitness.com.

We also offer a range of service contracts so you can be assured your equipment will be routinely checked and kept in top working order. Please talk to our sales team for more information.

#### **OFFICIAL SUPPLIERS AND PARTNERSHIPS**

We work closely with many people and organisations across a range of sectors and are proud to be officially recognized as strength and conditioning partners and equipment suppliers to; Leeds Rhinos RFC, Wasps Rugby, The Matt Hampson Foundation, and Gamechanger Performance. We are also contract holders for the supply of physical training equipment to the British Army.





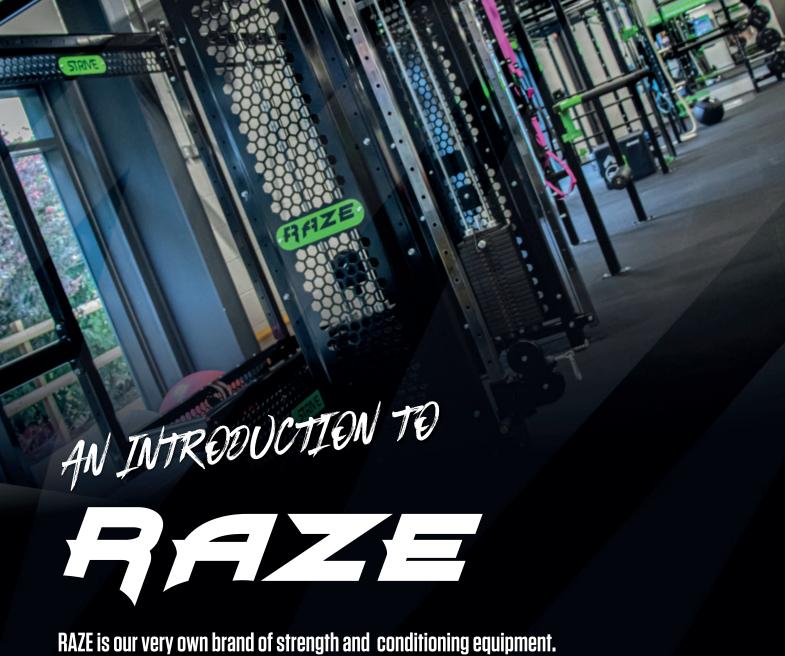












It's all designed and engineered from our HQ in the UK, and most of it is also manufactured there. It combines our passion for high quality, functional equipment with our experience in manufacturing.

You work hard. You train hard. You want to know your equipment will back you up 100% of the time. With RAZE you can.









## RAZE Shadow Series is a modular system that's been designed to fit your budget without compromising on aesthetics or functionality.

The rack, rig, and storage systems can all be combined to create compact, multifunctional units – removing the need for many separate pieces of equipment.

Our UK design and engineering team can also create custom units, designed specifically to fit your space and needs.





## Engineered for the demands of modern strength coaches and elite athletes, the RAZE Zenith Series system will take your training to another level.

ZENITH

It's also perfect for functional training spaces and can be a central 'hub' for group training activities. The Zenith Series can also be customised to provide you with a tailored training solution.





Highly modular design with every function and feature you are likely to need from a rack. - It's a rock solid performer that's built to last.

#### **Key Features:**

- 70mm x 70mm x 3mm uprights
- · Adjustable height bar rests with two-points locking system for safety, and HDPE inserts to protect your bar
- Precision laser cut numbered holes, spaced every 50mm
- Pull up bar
- 8 weight holder posts
- · Combines with the Shadow series storage and rig systems

The ultimate progression of our racks range. Designed and engineered for the demands of modern strength coaches and elite athletes, the zenith series takes training to the next level.

#### **Key Features:**

- · Sturdy 160mm x 80mm x 5mm uprights
- Precision laser cut numbered holes, spaced every 60mm
- · Bar hooks and spot arms contain protective HDPE to protect bars
- · Pull up bar
- 12 weight holder posts
- · 2 integrated bar holders
- · Band peg locations as standard

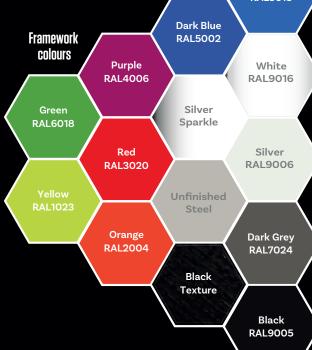


### PERSONALISA TION

All of our racks are manufactured to order, giving you the opportunity to fully customise elements of the design, choose your colour scheme, and add your logo.

Frame colours are available in matt, gloss and textured finishes, and you can even choose more than one colour, allowing you to create something really eye catching and unique for your training space.



















#### **SHADOW SERIES**











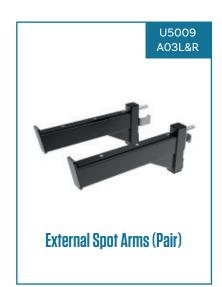






#### SHADOW SERIES ATTACHMENTS























#### **ZENITH SERIES**













#### **ZENITH SERIES ATTACHMENTS**





































The Shadow Series rig is an ideal set up for affiliates. It has been designed as a modular construction - using connectable 'cells' you can easy build a rig to suit your needs perfectly.

**Key Features:** 

- 70mm x 70mm x 3mm uprights
- Adjustable height bar rests with two-points locking system for safety, and HDPE inserts to protect your bar
- Precision laser cut numbered holes, spaced every 50mm
- Wide range of attachments
- Combines with the Shadow series storage and Rack systems

Perfect for a functional training space, the Zenith Series Rig can be customized to provide all the tools required for effective full body workouts and provides the ideal hub for group training.

#### **Key Features:**

- Oversize 200mm x 100mm x 5mm uprights
- Supplied with monkey bars as standard, all other parts additional
- Wide range of attachments
- · Combines with Zenith Series storage and Rack systems



## PERSONALISA TIO

All our Rigs are manufactured to order, giving you the opportunity to customize elements of the design, choose your colour scheme, and add your logo.

All of our frame colours are available in gloss or matte finishes, and you can even choose more than one colour, allowing you to create something really eye-catching and unique for your training space.

### MADE IN BRITAIN







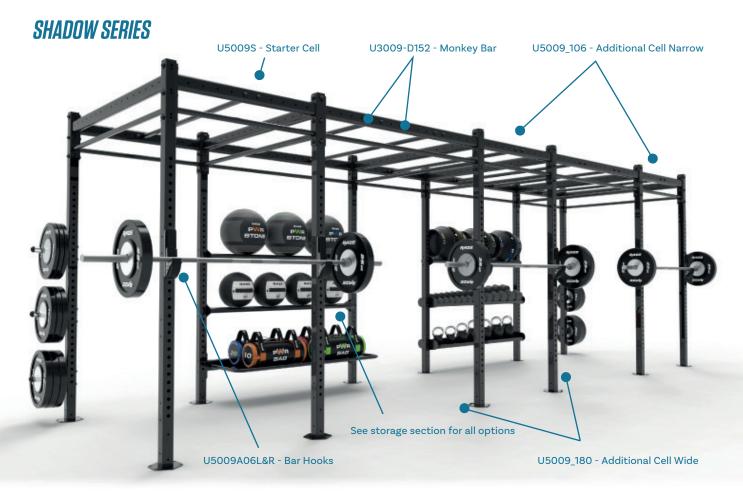
























#### SHADOW SERIES ATTACHMENTS

































### RIGS

#### **MONSTER RIG**





#### **ZENITH SERIES ATTACHMENTS**































Keep your training space neat and tidy with our modular storage systems.

Designed so you can create a solution to meet your own space constraints and equipment mix. Putting one together is really easy - all you need to do is:



Choose your legs, from either the Shadow or Zenith Series. The Zenith Series has the advantage of being able to add training functionality with a pull up bar or suspension trainer mount.



Choose your storage shelves and bolt on storage options (compatible with any leg). Shelves are available in 3 lengths (1000mm, 1500mm, 1800mm).

Our storage solutions also combine with products from the racks and rigs ranges, meaning you can create a tailored solution for your whole training space that maintains the same visual styling.

Our sales team will be more then happy to draw up a bespoke solution for you, just get in touch: 01455 890 100 or sales@indigofitness.com



## PERSONALISA TION

All our modular storage is manufactured to order, giving you the opportunity to customize elements of the design, choose your colour scheme, and add your logo.

Frame colours are available in matt, gloss, and textured finishes, and you can even choose more than one colour, allowing you to create something really eye catching and unique for your training space.



















#### LEGS & JOINERS









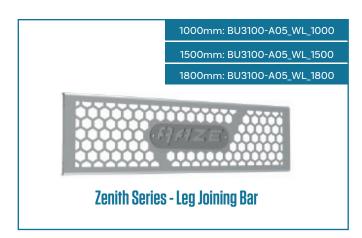
















#### STORAGE OPTIONS

























#### STORGAGE OPTIONS











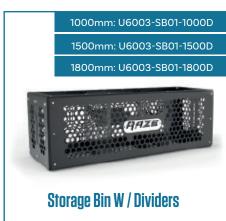






#### STORAGE OPTIONS





















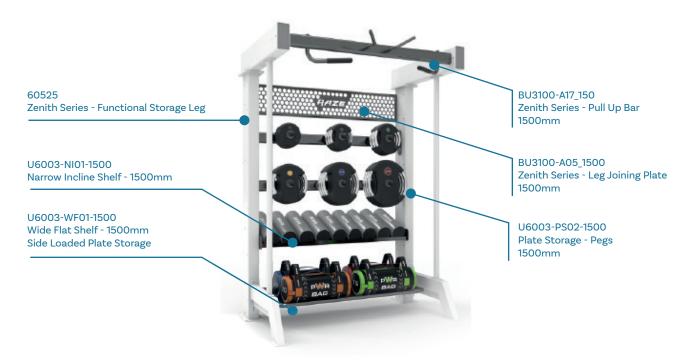




## CONFIGURATION GUIDE

To help with creating your own storage solutions below are some examples with details of which products were used to create them.





#### STAND ALONE STORAGE







































#### STRENGTH & CONDITIONING

#### **PLATES**















#### **BARS**



230518

#### Men's R-Sport Bar

L: 2200mm W: 710mm H: 210mm Weight: 35kg 230519

#### Women's R-Sport Bar

L: 2200mm W: 710mm H: 210mm Weight: 35kg



230525

#### Men's Shadow Series Bar

L: 2200mm W: 710mm H: 210mm Weight: 35kg 230535

#### Women's Shadow Series Bar

L: 2200mm W: 710mm H: 210mm Weight: 35kg



230526

#### Men's Zenith Series Bar

L: 2200mm W: 710mm H: 210mm Weight: 35kg



230116

#### **Technique Bar**

L: 2200mm W: 710mm H: 210mm Weight: 35kg



Axle Bar
L: 2200mm W: 80mm
H: 80mm Weight: 35kg

Trap Bar

L: 2200mm W: 710mm H: 210mm Weight: 35kg





Safety Squat Bar
L: 2200mm W: 160mm
H: 515mm Weight: 35kg



#### **WEIGHTLIFTING ACCESSORIES**





























#### **STRENGTH**















PU Dumbells  RAZE 25	2.5kg	230494	17.5kg	230500	32.5kg	230506	47.5kg	230512
	5kg	230495	20kg	230501	35kg	230507	50kg	230513
	7.5kg	230496	22.5kg	230502	37.5kg	230508	52.5kg	230514
	10kg	230497	25kg	230503	40kg	230509	55kg	230515
	12.5kg	230498	27.5kg	230504	42.5kg	230510	57.5kg	230516
	15kg	230499	30kg	230505	45kg	230511	60kg	230517

#### **CONDITIONING**











#### **CONDITIONING**



































#### **ACCESSORIES & BANDS**





































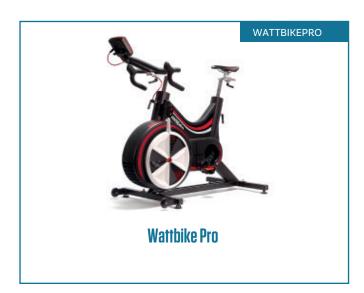


























BUILT FOR H.I.I.T

# **BIKE** 230476

- Built to withstand anything that's thrown at it, the Renegade Bike is one tough competitor.
- Stay motivated with 8 workout modes, including 10/20 and 20/10 intervals.
- Industrial grade, sealed cartridge bearings on all moving joints for long lasting durability and smooth and quiet action.

L: 1230mm W: 680mm H: 1390mm Weight: 70kg

# RUNNER 230479

- A treadmill like no other, the Renegade Runner uses no power or motors, running entirely on your own drive and energy, delivering max calorie burn.
- Change speed at will, no need to press buttons and wait for the motor to speed up or slow down.
- Low maintenance no belt tension to adjust, no decks or motors to replace.

L: 1830mm W: 930mm H: 1580mm Weight: 152kg

# **ROWER** 230473 - Manual 230474 - Digital

- A real animal of rower 8 selectable levels of strong resistance are delivered using a combination of air and magnets.
- Steel reinforced aluminium seat track.
- Stands upright for storage
- Available in manual or digital versions

L: 2240mm W: 620mm H: 620mm Weight: 49kg

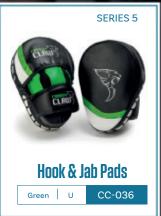


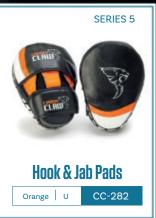


















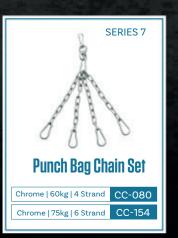


# CARBON CLAW





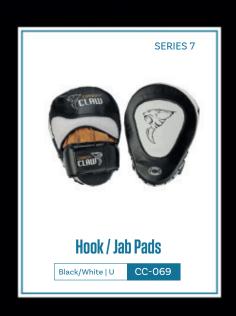


















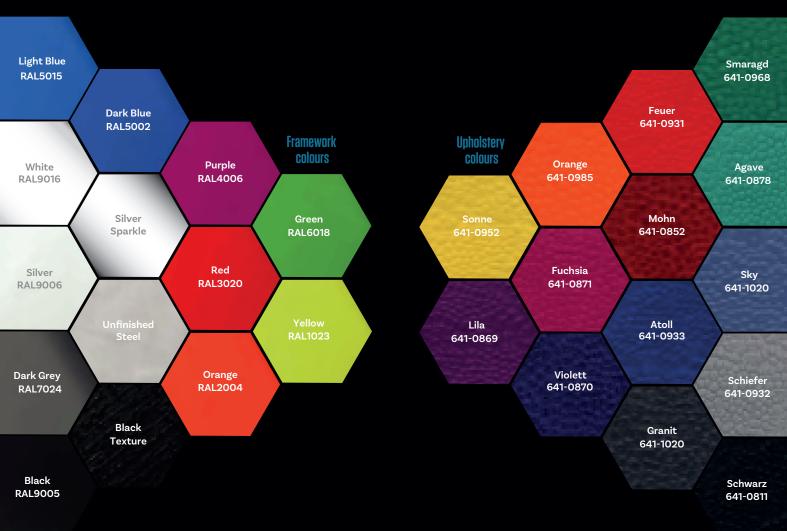




# PERSONALISA TION

Building on over 20 years of design, innovation and engineering excellence, our range of station strength equipment offers a highly effective strength solution delivered in an aesthetically pleasing and biomechanically correct package.

All equipment is made to order, allowing you to choose frame and upholstery colours and branding options.

















#### **SELECTORISED MACHINES**

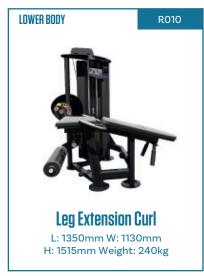


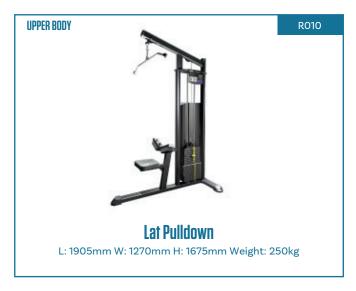


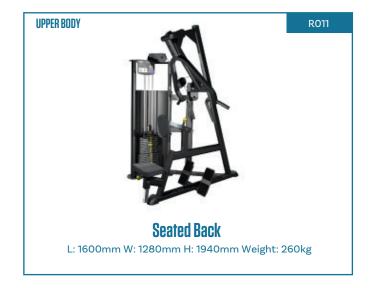






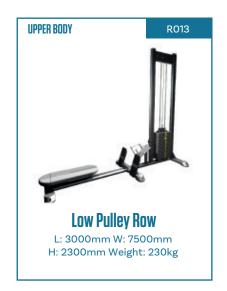






#### **SELECTORISED MACHINES**











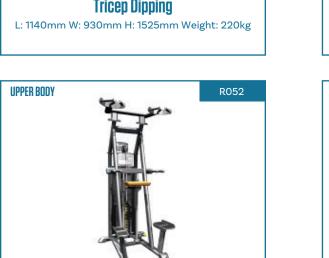


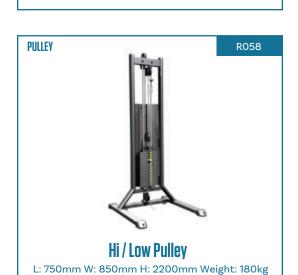




#### **SELECTORISED MACHINES**







**Assisted Chin Dip** 

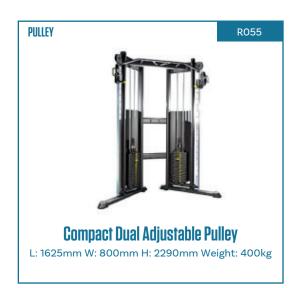
L: 1200mm W: 1210mm H: 2200mm Weight: 280kg







#### **SELECTORISED MACHINES**













#### IFI MACHINES















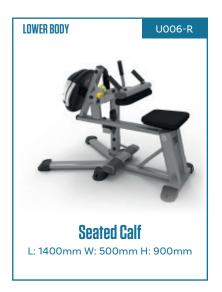








#### PLATE LOADED

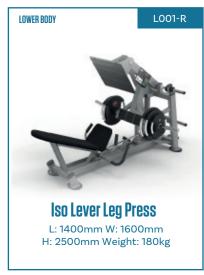


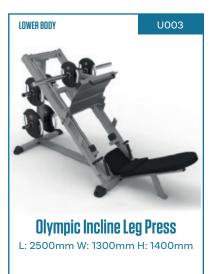


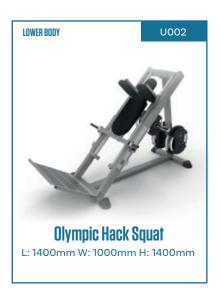






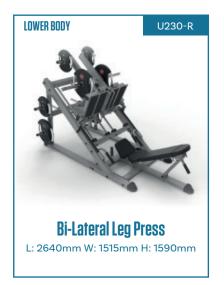


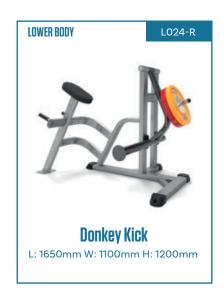


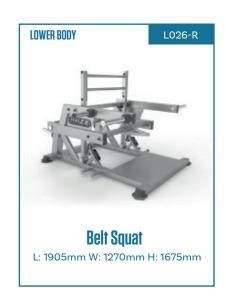




#### **PLATE LOADED**



















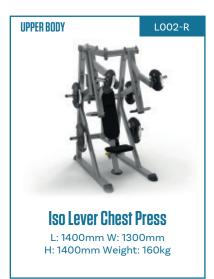


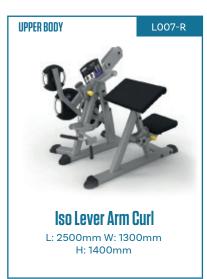
#### PLATE LOADED

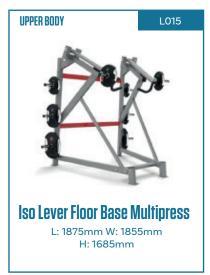




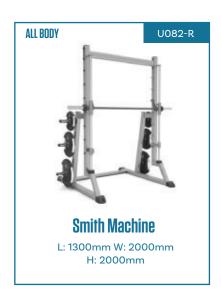


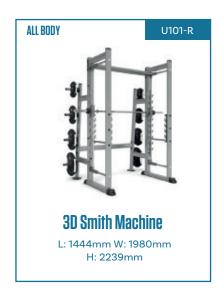








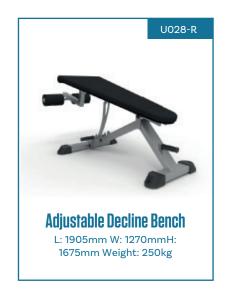


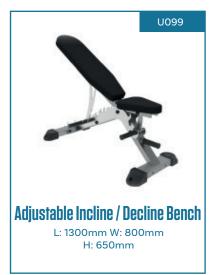


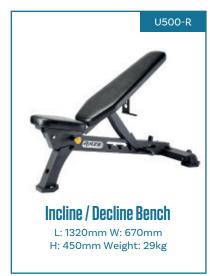
#### **BENCHES**









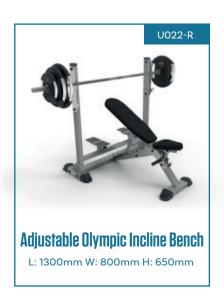


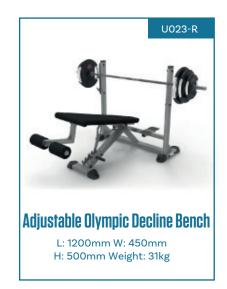


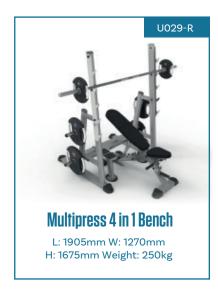




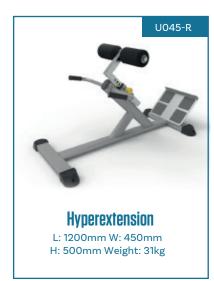
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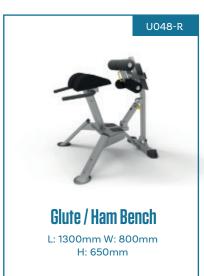








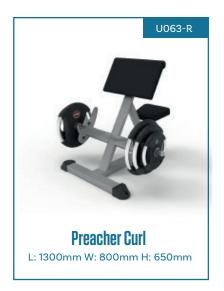




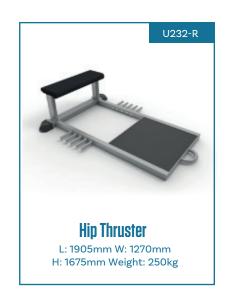




#### **BENCHES**





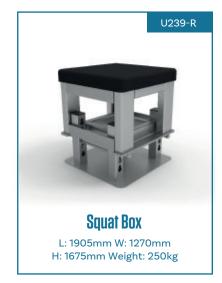












#### **BODYWEIGHT/MTP**











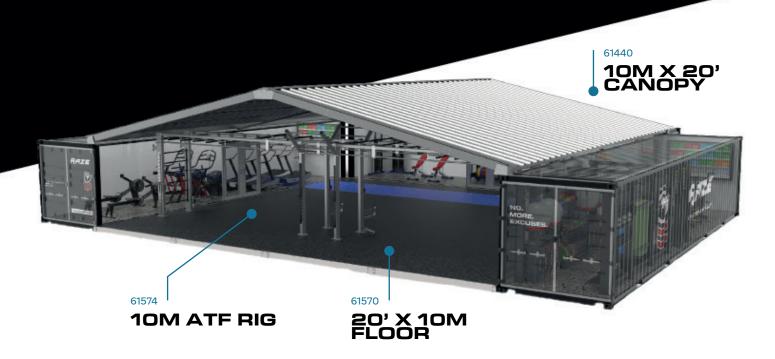






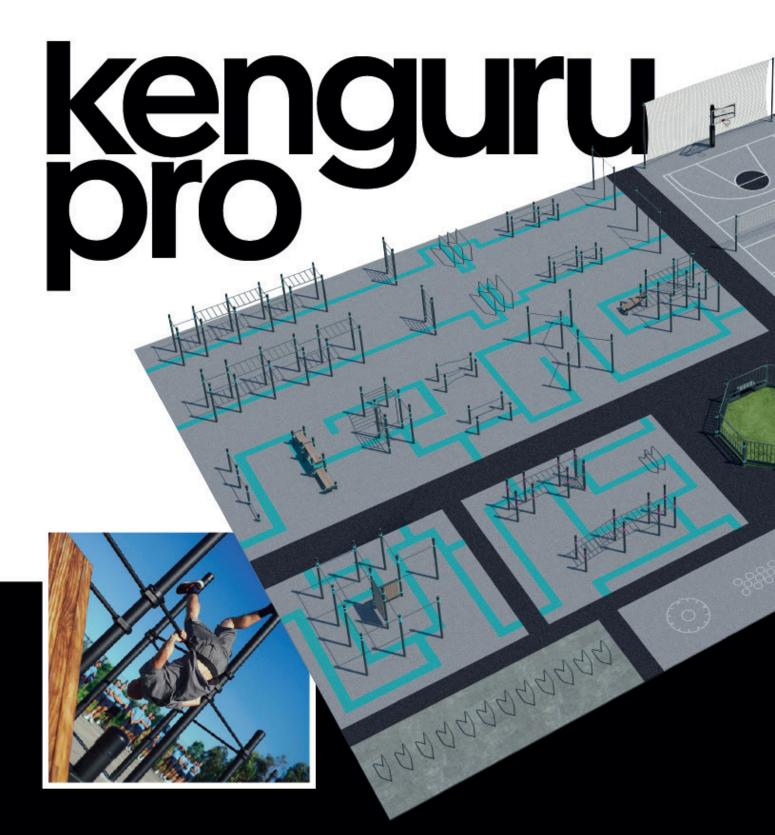






FOR MORE INFORMATIONON OUR DEPLOYABLE AND CONTAINER BASED TRAINING SOLUTIONS, PLEASE GET IN TOUCH...

01455 890 100 OR INDIGOFITNESS.COM AND ASK FOR A BROCHURE



# changing the way to exercise outdoors...

intergenerational inclusive & fun







- street workout
- calisthenics
- parkour
- chase-tag
- para workout
- kids
- pro-wall



# Online training made real.

Remote training with real-time heart rate telemetry.



Uptivo LIVE is designed to offer a safe, engaging, and motivating live fitness experience providing a real-time, bi-directional flow of performance data between trainer and athletes.

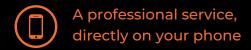
- Audio/video chat
- Training zones
- HR activity data
- UPPs and calories

#### At the club, from home.



Uptivo LIVE allows to create remote training sessions with up to 50 participants or one-to-one, providing a customized and personalized service. Trainers can monitor each athlete's heart rate frequency in real time in order to adjust the session intensity and rhythm, just as a lesson at the Club.

- Circuit timers
- Athlete →Trainer telemetry
- Workouts
- Athlete ↔ Athlete telemetry

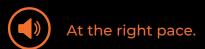


Uptivo LIVE is integrated in your members' Uptivo app to provide an easy and quick access to the system at no additional cost. Trainers and members also have a Windows application at their disposal to visualize and interact with up to 25 athletes simultaneously.









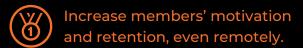
Unlike typical online meeting apps, Uptivo LIVE features a dedicated media channel that allows trainers to stream crystal clear music and sound directly from their device.

- Dedicated media channel
- Sound and music synchronization



Regardless of where the training is performed - at the Club or at home -coaches have all the necessary information at their disposal to motivate trainees, provide feedback, & introduce new activities in order to reach members' individual training targets.

- Training history and report
- Trainer feedback
- Advanced biometrics



Uptivo makes online sessions really engaging and motivating, thanks to gamification and by encouraging friendly competition among athletes.

RankingsLevelsUPPs



#### With your Club in mind.

Uptivo puts your Club in the foreground in all communications, activities and contents related to the cardio monitoring platform, with the goal to differentiate yourself from your competitors.

- Email invites to new members
- Posts on social media
- Workout summary emails
- Marketing materials



#### Uptivo Performance Points (UPPs).

UPPs allow to evaluate Club members' effort regardless of individual age, gender and physical shape. The higher the effort, the more points are rewarded! Designed to combine motivation and effort with safety and self awareness, the UPPs system rewards intensive exercise, but not overtraining.



# Keep in touch with your customers.

Share your workout tutorials, promote a new offer or givea special welcome to a new member directly on their phone via the Uptivo app.

- Message templates
- YouTube videos
- Link and images
- Notifications



#### The choice is yours.

At the core of LIVE sessions, Uptivo Belt-D and Uptivo Armband provide accurate heart rate monitoringand long-range transmission to your members.

- Bluetooth Smart
- ANT+
- Long Battery Life



#### Flooring is the foundation of your facility; it literally underpins everything you will do in your gym, but it's an area that's often overlooked.

When designing a training space, we always approach it from the ground up, floor first. Getting your gym flooring right will set the tone for the rest of your space and allow you to build a safe and effective environment. And we really do believe it's the most critical element to get right first time. Mistakes with flooring can be costly, complicated, and time consuming to correct once your gym is open and operational.

To help you select the most appropriate flooring types and installation methods we offer professional site surveys and installation services. We work with some of the best brands and products in the industry that between them offer a broad and balanced portfolio of products and solutions, catering for every flooring need.

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#### **ENDURA / INSET PLATFORMS**

















DURATRAIN

# **ENGINEERED FOR PERSONAL BESTS**



- Available as 32mm tile
- High Performance Fitness Flooring
- Superior Sound attenuation & shock insulation
- Tight seam lines provide superior aesthetics
- Tested for over 400,000 repeated impacts with a 360kg blunt force
- Maintenance free

DuraSound and DuraTrain are available in the following colours and finishes

# PLUS+

DuraTrain PLUS range offers a wide range of solid colour options at an economical price.

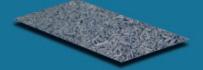












- 100% recycled rubber
- Porous wear layer
- Fire classification Efl

# PREMIUM

Made from 100% recycled SBR rubber backing and topped with an EPDM wear layer, our Premium Line allows more colour blends and the ability to truly customize your floor with floor graphics and full colour logo application abilities.

















DURASOUND



#### Dramatically reduce the disruptive noise and vibrations of fitness equipment with DuraSOUND rubber acoustic fitness tiles.

Designed to dissipate energy for a better acoustical experience for both you and your neighbouring businesses. DuraSOUND rubber acoustic fitness tiles are performance engineered to control vibrations, minimise low-frequency impact noise, and reduce the transmission of sound by up to 38 decibels (dB)

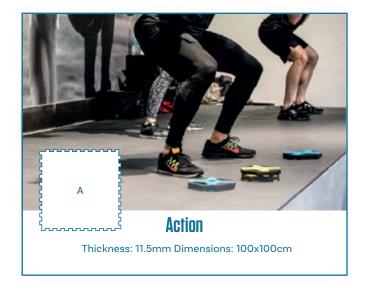
# PREMIUM COLOURS CONTINUED... Shamrook Sapphire Ivory Pewter Lava Pumpkin Spice Aqua Forest Red Rock Smoke Smoke Pumpkin Spice Prefabricated EPDM wear layer Easy to clean & hygienic Many colour options Fire classification Cfl



# BRING SOME FUN TO YOUR FLOOR



The best floor for each activity, so comfortable that anyone could train barefoot on it. Produced in Spain with a high density powerful non-marking virgin rubber, PaviFLEX flooring is so elastic that will return the energy of the impact and will reduce the risk of injuries when training. It is made for intensive use so it is resistant and durable as no other in the market, it absorbs the impacts acting as an excellent acoustic isolation material, with the optimum friction coefficient for each sport activity. It is water proof, very easy to clean and maintain, and the installation is really easy, just puzzle interlock the tiles on a clean and plain surface, you do not need to glue. PaviFLEX is fully customizable in colours, finishings and markings with insertions so they will never go away.







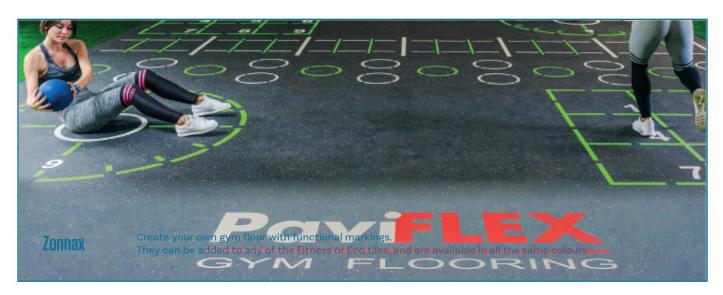




#### **PAVI**

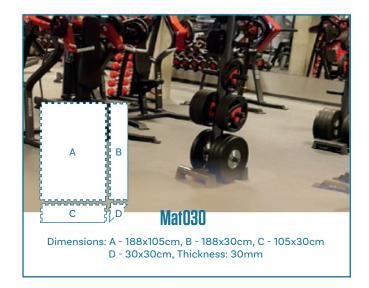


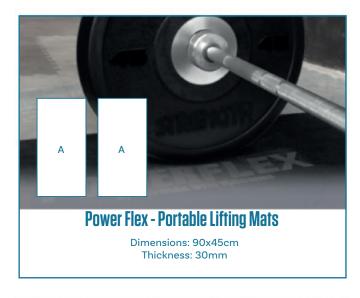






#### PAVI











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You might think that brand new equipment is costly, but it doesn't have to be! Equipment leasing a fantastic way of getting finance on terms which are far more favourable than traditional bank lending.

Whether you are an established gym or leisure facility, a new starter, or a personal trainer, we can help provide the gym equipment you need. Incredibly flexible, we finance everything from a single treadmill to a whole room of bikes. Keep ahead of the competition by leasing the very latest equipment.



Terms and Conditions: Finance provided via Johnson Reed Ltd; Doc fee's apply Limited companies only. E&OE. FCA: 66188

# SUPPORT

Along with offering industry leading warranties on our UK manufactured products, we're also there for you with technical support and service contracts, ensuring your equipment is kept in optimal condition so you can keep your facility running.

#### **Support Team**

If your equipment develops a fault, you can call our customer support team. They will take the relevant information from you and discuss with our engineers to diagnose the problem and find the solution, sending out one of our field service engineers if necessary.

#### **Service Contracts**

Preventative maintenance and regular servicing are key to prolonging the life of your equipment and minimising down-time. As such, we offer a range of service contracts to fit your needs.

You can contact our support team on 01455 890 100, or via email on support@indigofitness.com

















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