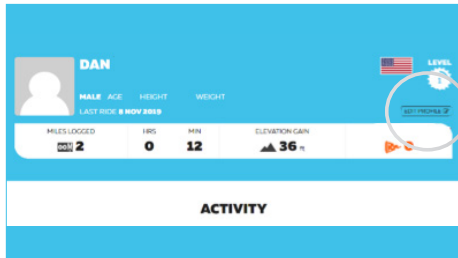


# JOHNNY G SPIRIT BIKE

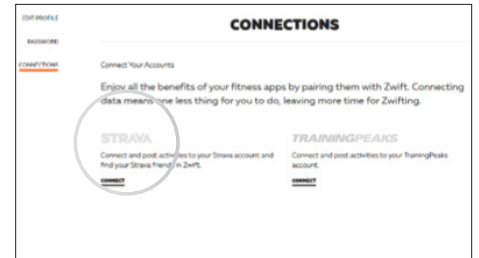
## STRAVA® + ZWIFT® CONNECTION GUIDE



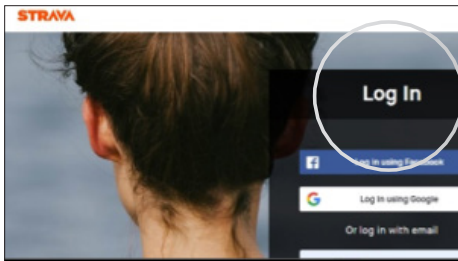
On your PC, log into your Zwift® Account. Select **EDIT PROFILE**.



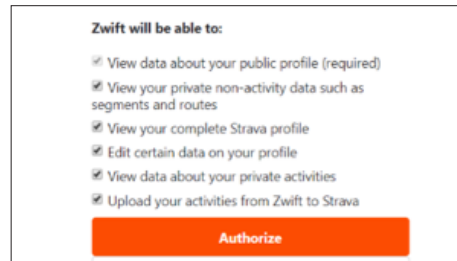
Select **CONNECTIONS**.



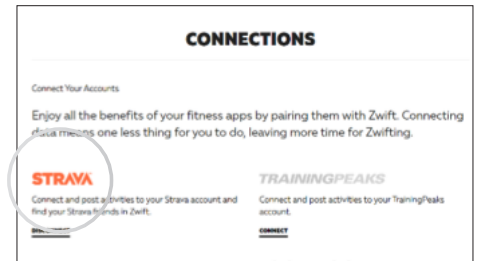
Select **STRAVA®**.



Create or Log In to your Strava account.



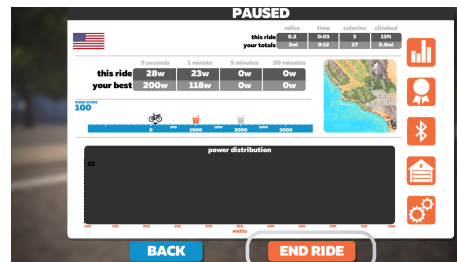
Authorize Zwift to connect to Strava.



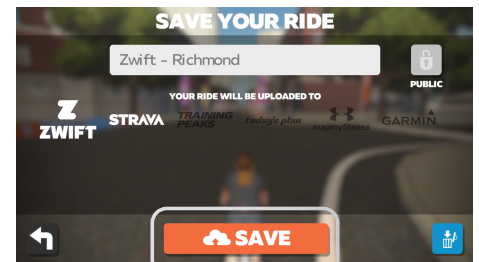
Strava connection is now active. Exit **EDIT PROFILE** and begin Zwift ride.



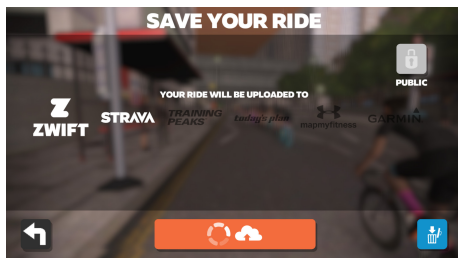
At any time during Zwift ride, select **MENU**.



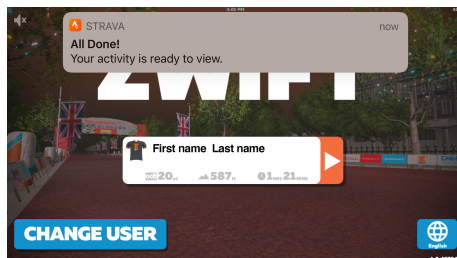
Select **END RIDE** while paused. Select **OK** on Ride Report screen.



Select **SAVE** to save ride to Strava. Strava will now automatically save Zwift rides.



Prompt shows which account the ride is going to be uploaded to.



Strava notification at the top of the screen confirms the transfer of ride data.