



## **JOHNNY G SPIRIT BIKE** STRAVA® + ZWIFT® CONNECTION GUIDE



On your PC, log into your Zwift® Account. Select EDIT PROFILE.



Create or Log In to your Strava account.



Select CONNECTIONS.



Authorize Zwift to connect to Strava.



CONNECTIONS	
Connect Your Accounts	
Enjoy all the benefits of your fitness app data means one less thing for you to do,	s by pairing them with Zwift. Connecting leaving more time for Zwifting.
STRAVA	TRAININGPEAKS
Connect and post a tivities to your Strava account and	Connect and post activities to your TrainingPeaks
find your Strava friends in Zwift.	account.

Strava connection is now active. Exit EDIT PROFILE and begin Zwift ride.



At any time during Zwift ride, select MENU.



ALIGER

Select END RIDE while paused. Select OK on Ride Report screen.



Strava notification at the top of the screen confirms the transfer of ride data.



Select SAVE to save ride to Strava. Strava will now automatically save Zwift rides.



Prompt shows which account the ride is going to be uploaded to.

